



Republic of the Philippines
DEPARTMENT OF THE INTERIOR AND LOCAL GOVERNMENT
BUREAU OF JAIL MANAGEMENT AND PENOLOGY
NATIONAL HEADQUARTERS
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MEMORANDUM

TO : The Command Group
Directors of Directorates
Chiefs of Offices, NHQ
Regional Directors of the Jail Bureau

ATTN : Regional COVID-19 Task Force

SUBJECT : **BJMP COVID-19 ADVISORY #51 : MINIMUM HEALTH STANDARDS FOR COVID-19 DURING HOLIDAY SEASON**

DATE : DEC 03 2020

1. Reference: Department of Health (DOH) Department Circular No. 2020-0355 with subject *Reiteration of the Minimum Public Health Standards for COVID-19 Mitigation during the Holidays* dated October 26, 2020.

2. Family celebration and cultural traditions during the holiday play a significant role in the culture of Filipinos. However, ensuring the health and safety of everyone participating in these celebrations and activities is more important especially during this pandemic to prevent and mitigate the spread of COVID-19.

3. In connection with the above reference, all BJMP personnel at the NHQ, Regional Offices, and outside their respective jail facilities are directed to strictly observe the following minimum health standards for COVID-19 mitigation during the holidays:

- a. Limit the number of people in family and social gatherings and activities, preferably people within the same household. In areas under General Community Quarantine (GCQ), a maximum of ten (10) individuals are allowed, while in Modified General Community Quarantine (MGCQ), a maximum of fifty (50) individuals. However, mass gatherings are not permitted in areas under Enhanced Community Quarantine (ECQ).
- b. Avoid activities that require travel to areas with higher quarantine classification or vice versa. If travel cannot be avoided and online platform is not possible, make sure to follow the quarantine protocols of the destination.
- c. Keep activities as short as fifteen (15) minutes if possible.
- d. Always observe BIDA:
 - i. B – Bawal walang mask;
 - ii. I – I-sanitize ang mga kamay;
 - iii. D – Dumistansya ng isang metro; and
 - iv. A – Alamin ang totoong impormasyon.
- e. Avoid activities that involve talking, shouting, heavy-breathing, singing and the like as these increase the risk of COVID-19 transmission through possible spread of respiratory droplets.
- f. Avoid high-touch surfaces and ensure cleanliness of the surroundings.
- g. It is recommended to hold gatherings and activities outdoors as much as possible. If activities will be held indoors, ensure that fresh air is introduced

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to the venue through open doors and windows and avoid air-conditioned settings which recirculate air.

- h. Individuals experiencing COVID-19 symptoms such as cold, cough, sore throat, loss of smell, and fever are advised to stay at home and isolated. Those who are awaiting for COVID-19 test results and their close contacts are likewise advised to do the same.
- i. If an individual is a suspect or any family member has contracted COVID-19, a primary care, telemedicine provider or the Barangay Health Emergency Response Team (BHERT) must be consulted.
- j. Individuals who are vulnerable to diseases are advised to limit participation from large social gatherings.
- k. Increase physical and mental resilience through:
 - i. Practice healthy eating;
 - ii. Perform health-enhancing physical activities;
 - iii. Protect one's mental health; and
 - iv. Prevent illness and injury.

4. For guidance and strict compliance.

BY AUTHORITY OF THE CHIEF, BJMP:



MA ANNIE A ESPINOSA
Jail Senior Superintendent
Director for Operations
Co-Chairperson, BJMP National
COVID-19 Task Force